

# Community of Practice

Date: December 11, 2018

Time: 8:30am-3:00pm

Location: Metro ECSU Training Room

2 Pine Tree Drive  
Arden Hills, MN 55112

## Meeting Facilitators:

Chelsey Branham, DCD Co-Facilitator [chelsey.branham@moundsviewschools.org](mailto:chelsey.branham@moundsviewschools.org)

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Kayna Plaisted, Metro ECSU Facilitator [kayna.plaisted@metroecsu.org](mailto:kayna.plaisted@metroecsu.org)

## Meeting Agenda:

8:30-9:00: Sign In, Informal Networking

9:00-12:00: Sexuality for All Abilities Training Program, *Katie Thune, Mad Hatter Wellness*

12:00-1:00: Lunch on your own

1:00-3:00: Navigating Sensitive Conversations, *Kelsey Shultz, myHealth*

## Future Meeting Tentative Plans:

February 5 8:30-3:00 Literacy or Math

March 5 8:30-3:00 Literacy or Math

May 7 8:30-3:00 Goal Setting

## Sexuality for All Abilities Training Program

Students with disabilities want friendships and relationships as much as anyone else. Unfortunately, there is a lack of appropriate education out there to support safe and healthy relationships. The rate of sexual assault is 7 times higher for those with disabilities than for those without. We can work together to lower that statistic by supporting the sexual health for this population through conversations, education, and awareness.

## Navigating Sensitive Conversations

This presentation covers inclusive educational advocacy skills. Participants will learn skills and steps to take when confronted with four types of student questions and disclosures that come up in an educational setting. Participants will practice scenarios and examples of actual student questions. Scenarios and questions will be about students' mental health, relationships, sexual behavior, individual safety.



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